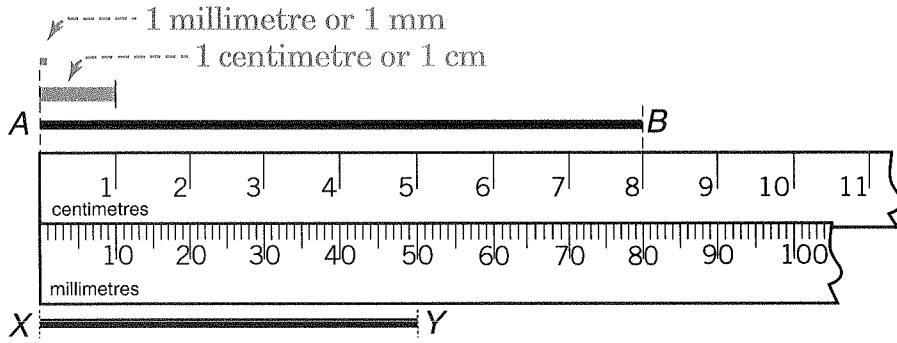


Lesson 1 Centimetre and Millimetre



Line segment AB is 8 cm long.

XY is _____ cm long.

Line segment AB is 80 mm long.

XY is _____ mm long.

Find the length of each line segment to the nearest centimetre.
Then find the length of each line segment to the nearest millimetre.

a

b

1. _____ cm _____ mm _____

2. _____ cm _____ mm _____

3. _____ cm _____ mm _____

4. _____ cm _____ mm _____

Find the length of each line segment to the nearest millimetre.

5. _____ mm _____

6. _____ mm _____

7. _____ mm _____

8. _____ mm _____

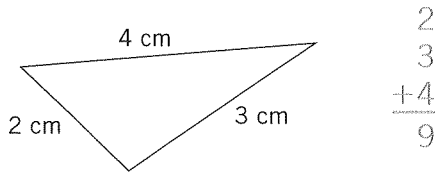
Draw a line segment for each measurement.

9. 6 cm

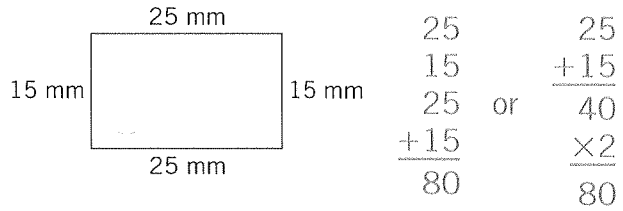
10. 45 mm

Lesson 2 Perimeter

The distance around a figure is called its **perimeter**.



perimeter: 9 cm



perimeter: 80 mm

Measure each side in centimetres. Then find the perimeter of each figure.

a

1. _____ cm



b

_____ cm



2. _____ cm

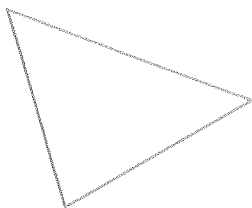


_____ cm



Measure each side in millimetres. Then find the perimeter of each figure.

3. _____ mm



_____ mm

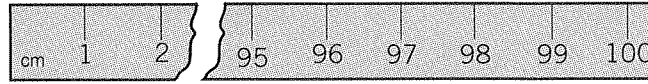


Lesson 3 Metre and Kilometre

A baseball bat is about **1 m** long.



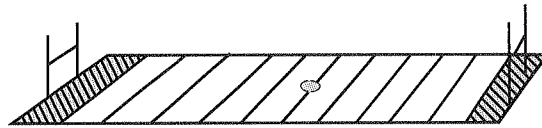
1 metre (m) or 100 cm



1 m = 100 cm
1 cm = 0.01 m

If you run from goal line to goal line on a football field **10** times, you will run about **1 km**.

1000 m is the same distance as **1 kilometre (km)**.



1 km = 1000 m
1 m = 0.001 km

Use a metre stick to find the following to the nearest metre.

a

b

- | | |
|--------------------------------|----------------------------|
| 1. length of your room _____ m | width of a door _____ m |
| 2. width of your room _____ m | width of a window _____ m |
| 3. height of a door _____ m | height of a window _____ m |

Answer each question.

4. Michelle's height is 105 cm. Is she taller or shorter than 1 m?

She is _____ than 1 m.

5. Are you taller or shorter than 1 m?

I am _____ than 1 m.

6. Roberta wants to swim 1 km. How many metres should she swim?

She should swim _____ m.

7. Sung-Chi ran 1500 m. Leona ran 1 km. Who ran farther? How much farther?

_____ ran _____ m farther.

4.

5.

6.

7.

Lesson 4 Units of Length

Study how to change from one metric unit to another.

$$9 \text{ km} = \underline{\quad? \quad} \text{ m}$$

$$850 \text{ mm} = \underline{\quad? \quad} \text{ cm}$$

$$1 \text{ km} = 1000 \text{ m}$$

$$10 \text{ mm} = 1 \text{ cm}$$

$$9 \text{ km} = (9 \times 1000) \text{ m}$$

$$850 \text{ mm} = (850 \div 10) \text{ cm}$$

$$9 \text{ km} = \underline{9000} \text{ m}$$

$$850 \text{ mm} = \underline{85} \text{ cm}$$

Complete the following.

a

b

1. $50 \text{ km} = \underline{\hspace{2cm}} \text{ m}$

$600 \text{ cm} = \underline{\hspace{2cm}} \text{ m}$

2. $70 \text{ mm} = \underline{\hspace{2cm}} \text{ cm}$

$2000 \text{ mm} = \underline{\hspace{2cm}} \text{ m}$

3. $9 \text{ cm} = \underline{\hspace{2cm}} \text{ mm}$

$8000 \text{ m} = \underline{\hspace{2cm}} \text{ km}$

4. $3 \text{ m} = \underline{\hspace{2cm}} \text{ cm}$

$5000 \text{ cm} = \underline{\hspace{2cm}} \text{ m}$

5. Ted is 4000 m from school. Susan is 3 km from school. How many metres from school is Susan? Who is farther from school? How much farther?

Susan is m from school.

 is m farther from school.

6. Maria is 134 cm tall. Su-Lyn is 1300 mm tall. Charles is 141 cm tall. Who is tallest? Who is shortest?

 is tallest.

 is shortest.

7. What is your height in centimetres? In millimetres?

I am cm tall.

I am mm tall.

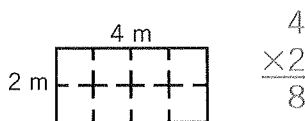
5.

6.

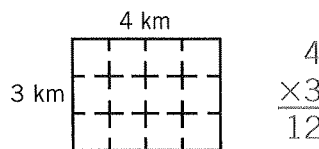
7.

Lesson 5 Area

To find the **area** of a rectangle, multiply the measure of its length by the measure of its width.



area: 8 square metres (m²)



area: 12 square kilometres (km²)

Find the area of each rectangle.

a

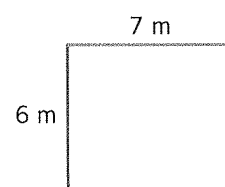
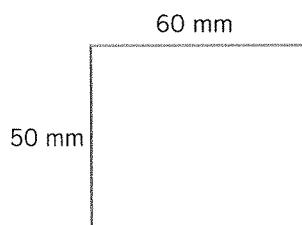
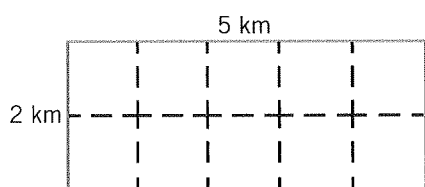
b

c

1. _____ km²

_____ square millimetres (mm²)

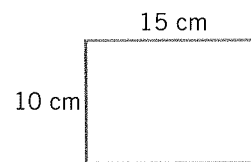
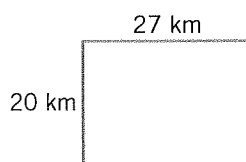
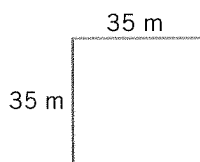
_____ m²



2. _____ m²

_____ km²

_____ square centimetres (cm²)



	<i>Length</i>	<i>Width</i>	<i>Area</i>
3.	9 km	6 km	_____ km ²
4.	18 cm	7 cm	_____ cm ²
5.	14 m	10 m	_____ m ²
6.	175 mm	25 mm	_____ mm ²
7.	152 cm	100 cm	_____ cm ²

Lesson 5 Problem Solving

Solve each problem.

1. Find a rectangular room. Measure its length and width to the nearest metre. Find the perimeter of the room. Find the area of the room.

length: _____ m

width: _____ m

perimeter: _____ m

area: _____ m²

2. Find a rectangular tabletop or desk. Measure its length and width to the nearest metre. Find the perimeter of the top. Find the area of the top.

length: _____ m

width: _____ m

perimeter: _____ m

area: _____ m²

3. Use the front cover of this book. Measure its length and width to the nearest centimetre. Find the perimeter of the cover. Find the area of the front cover.

perimeter: _____ cm

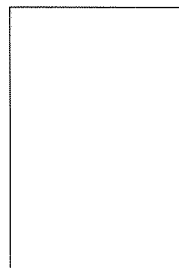
area: _____ cm²

4. Use the rectangle at the right. Find the perimeter of the rectangle. Find the area of the rectangle.

perimeter: _____ mm

area: _____ mm²

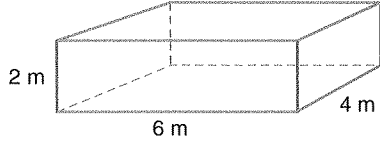
35 mm



24 mm

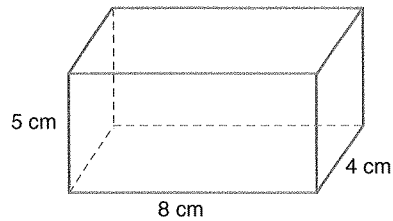
Lesson 6 Volume

To find the **volume** of a rectangular solid, multiply the measure of its length by the measure of its width by the measure of its height.



$$\begin{array}{r} 6 \\ \times 4 \\ \hline 24 \\ \times 2 \\ \hline 48 \end{array}$$

volume: 48 m³

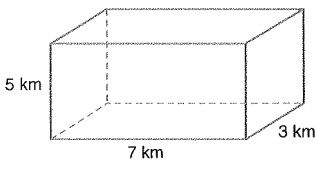


$$\begin{array}{r} 8 \\ \times 4 \\ \hline 32 \\ \times 5 \\ \hline 160 \end{array}$$

volume: 160 cm³

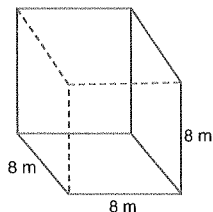
Find the volume of each rectangle.

1. *a*



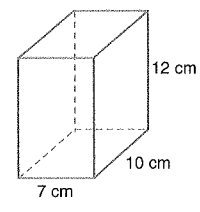
_____ km³

b



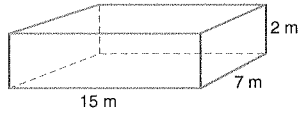
_____ m³

c

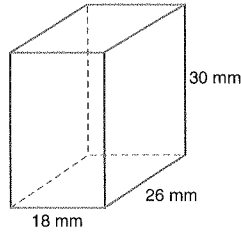


_____ cm³

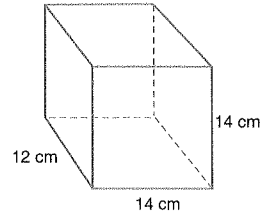
2.



_____ m³



_____ mm³



_____ cm³

	<i>Length</i>	<i>Width</i>	<i>Height</i>	<i>Volume</i>
3.	5 m	6 m	7 m	_____ m ³
4.	9 km	3 km	8 km	_____ km ³
5.	10 cm	13 cm	6 cm	_____ cm ³
6.	26 mm	32 mm	15 mm	_____ mm ³

Lesson 6 Problem Solving

Solve each problem.

1. A swimming pool has a length of 7 m, a width of 4 m, and a depth of 2 m. What is the volume of the swimming pool? **1.**

The volume of the swimming pool is _____ m^3 .

2. A box of cereal has a length of 21 cm, a width of 6 cm, and a height of 30 cm. What is the volume of the cereal box? **2.**

The volume of the cereal box is _____ cm^3 .

3. A shoebox has a length of 28 cm, a width of 20 cm, and a height of 14 cm. What is the volume of the shoebox? **3.**

The volume of the shoebox is _____ cm^3 .

4. A fish aquarium has a length of 36 cm, a width of 18 cm, and a height of 20 cm. What is the volume of the fish aquarium? **4.**

The volume of the fish aquarium is _____ cm^3 .

5. Find a shoebox that is a rectangular prism. Measure its length, width, and height. Find the volume of the shoebox. **5.**

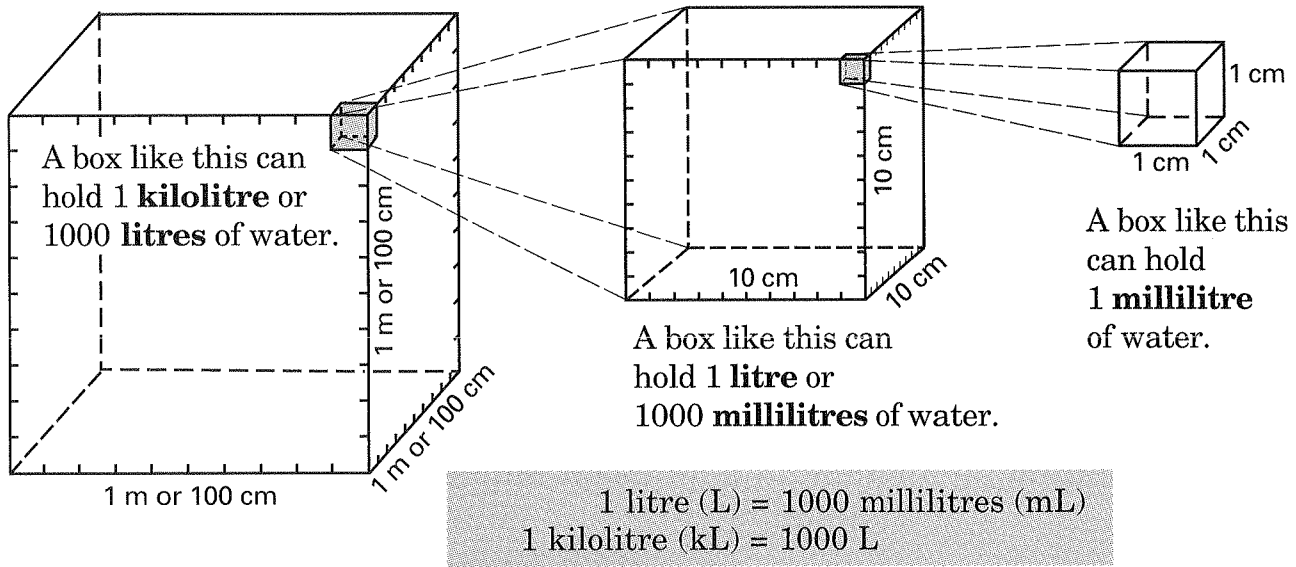
length: _____

width: _____

height: _____

volume: _____

Lesson 7 Capacity



Solve each problem.

1. A teaspoon holds about 5 mL. A recipe calls for 2 teaspoons of vanilla. How many millilitres is that?

That is _____ mL.

2. A litre is slightly more than 4 cups. Do you drink more or less than a litre of milk every day?

I drink _____ than a litre every day.

3. To make punch, 8 cups of fruit juice are used. About how many litres would that be?

That would be _____ L.

4. Two bathtubs filled with water would be about 1 kL of water. Suppose your family uses 10 tubfuls of water a week. How many kilolitres of water would be used in a week?

_____ kL would be used in a week.

5. A tank holds 1000 L. How many kilolitres would it hold?

It would hold _____ kL.

Lesson 8 Units of Capacity

$$19 \text{ L} = \underline{\quad? \quad} \text{ mL}$$

$$1 \text{ L} = 1000 \text{ mL}$$

$$19 \text{ L} = (19 \times 1000) \text{ mL}$$

$$19 \text{ L} = \underline{19\,000} \text{ mL}$$

$$7000 \text{ L} = \underline{\quad? \quad} \text{ kL}$$

$$1000 \text{ L} = 1 \text{ kL}$$

$$7000 \text{ L} = (7000 \div 1000) \text{ kL}$$

$$7000 \text{ L} = \underline{\quad7 \quad} \text{ kL}$$

Complete the following.

a

b

1. $7 \text{ L} = \underline{\hspace{2cm}} \text{ mL}$

$3000 \text{ mL} = \underline{\hspace{2cm}} \text{ L}$

2. $2 \text{ kL} = \underline{\hspace{2cm}} \text{ L}$

$9000 \text{ L} = \underline{\hspace{2cm}} \text{ kL}$

3. $20 \text{ L} = \underline{\hspace{2cm}} \text{ mL}$

$48 \text{ kL} = \underline{\hspace{2cm}} \text{ L}$

4. $4000 \text{ mL} = \underline{\hspace{2cm}} \text{ L}$

$5000 \text{ L} = \underline{\hspace{2cm}} \text{ kL}$

5. Lisa filled an ice-cube tray with water. Do you think she used about 1 mL, 1 L, or 1 kL of water?

She used 1 of water.

5.

6. Carlos said he drank 500 mL of milk. Larry said he drank 1 L of milk. Who drank more milk? How many millilitres more?

 drank mL more milk.

6.

7. The gasoline tank on Mrs. Mohr's truck holds 85 L. It took 27 L of fuel to fill the tank. How much fuel was in the tank before it was filled?

 L were in the tank.

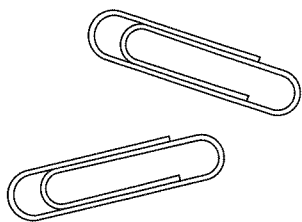
7.

8. A tank can hold 4000 L of water. There are 3 kL of water in the tank. How many litres of water are needed to fill the tank?

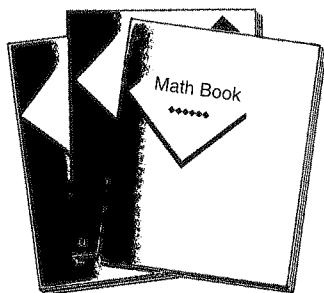
 L are needed.

8.

Lesson 9 Mass



2 paper clips have
a mass of about
1 gram (g).



3 math books like yours
have a mass of about
1 kilogram (kg).

$$1 \text{ g} = 1000 \text{ milligrams (mg)}$$

$$1000 \text{ g} = 1 \text{ kg}$$

Complete the following.

1. About what is the mass of four paper clips?

Their mass is about _____ g.

2. A box contains 4000 paper clips. What is the mass of those paper clips?

Their mass is _____ kg.

3. One nickel has a mass of about 5 g. A roll of 40 nickels would have a mass of about how many grams?

It would have a mass of _____ g.

4. What is the mass of six math books like yours?

Their mass is _____ kg.

5. A doctor has 3000 milligrams of medicine. How many grams is that?

That is _____ g.

6. A dog has a mass of 17 000 grams. How many kilograms is that?

That is _____ kg.

1.

2.

3.

4.

5.

6.

Lesson 10 Units of Mass

$$6 \text{ kg} = \underline{\quad? \quad} \text{ g}$$

$$1 \text{ kg} = 1000 \text{ g}$$

$$6 \text{ kg} = (6 \times 1000) \text{ g}$$

$$6 \text{ kg} = \underline{6000} \text{ g}$$

$$5000 \text{ mg} = \underline{\quad? \quad} \text{ g}$$

$$1000 \text{ mg} = 1 \text{ g}$$

$$5000 \text{ mg} = (5000 \div 1000) \text{ g}$$

$$5000 \text{ mg} = \underline{5} \text{ g}$$

Complete the following.

a

1. $2 \text{ kg} = \underline{\hspace{2cm}} \text{ g}$

2. $9 \text{ g} = \underline{\hspace{2cm}} \text{ mg}$

3. $2000 \text{ mg} = \underline{\hspace{2cm}} \text{ g}$

4. $3000 \text{ g} = \underline{\hspace{2cm}} \text{ kg}$

b

6 g = $\underline{\hspace{2cm}}$ mg

9 kg = $\underline{\hspace{2cm}}$ g

7000 g = $\underline{\hspace{2cm}}$ kg

8000 mg = $\underline{\hspace{2cm}}$ g

5. A penny has a mass of about 3 g. A dime has a mass of about 2000 mg. Which has the greater mass? How much greater?

A $\underline{\hspace{2cm}}$ has a mass of about $\underline{\hspace{2cm}}$ mg more.

6. Emily uses a 4-kg bowling ball. Her father uses a 7-kg bowling ball. How much heavier is her father's bowling ball?

It is $\underline{\hspace{2cm}}$ kg heavier.

7. A loaf of bread has a mass of 454 grams. What is the mass of 3 loaves of bread?

Their mass is $\underline{\hspace{2cm}}$ g.

8. John's mass is 34 000 grams. Judy's mass is 39 kg. Whose mass is more? How much more?

$\underline{\hspace{2cm}}$'s mass is $\underline{\hspace{2cm}}$ kg more.

5.

6.

7.


8.

CHAPTER 8 PRACTICE TEST

Find the length of each line segment to the nearest centimetre.

Then find the length of each line segment to the nearest millimetre.

*a**b*

1. _____ cm _____ mm 

2. _____ cm _____ mm 

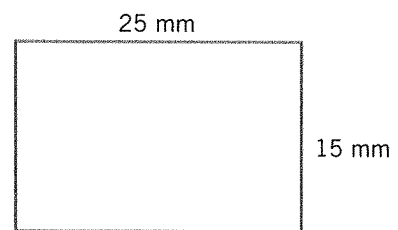
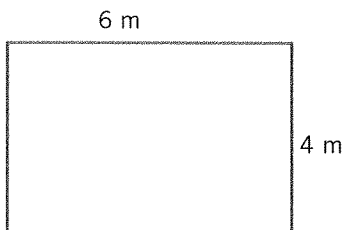
Find the perimeter and the area of each rectangle.

3. *perimeter*: _____ m

4. *perimeter*: _____ mm

area: _____ m²

area: _____ mm²



Find the volume.

	<i>Length</i>	<i>Width</i>	<i>Height</i>	<i>Volume</i>
5.	9 cm	12 cm	6 cm	_____ cm ³
6.	2 m	7 m	36 m	_____ m ³

Complete the following.

*a**b*

7. 5 cm = _____ mm

2000 m = _____ km

8. 700 cm = _____ m

300 mm = _____ cm

9. 6 km = _____ m

3 m = _____ cm

10. 4 kL = _____ L

3000 mL = _____ L

CHAPTER 9 PRETEST

More Metric Measurement

Complete.

a

1. 4 m = _____ cm
2. 200 cm = _____ m
3. 5 km = _____ m
4. 1 km = _____ m
5. 6000 mL = _____ L
6. 5000 L = _____ kL
7. 1000 g = _____ kg

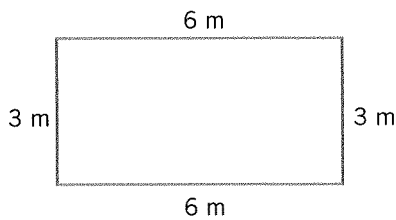
b

- 5 m = _____ cm
- 6 km = _____ m
- 3 m = _____ mm
- 20 m = _____ cm
- 3 L = _____ mL
- 10 L = _____ mL
- 3 kg = _____ g

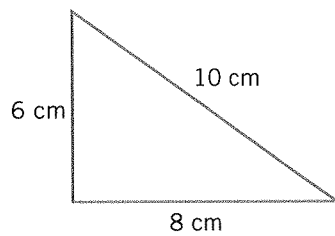
Find the perimeter of each figure.

a

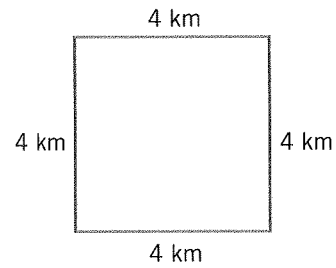
8. _____ m

*b*

- _____ cm

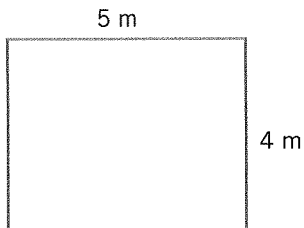
*c*

- _____ km

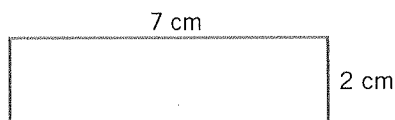


Find the area of each rectangle.

9. _____ m
- ²



- _____ cm
- ²



- _____ mm
- ²

