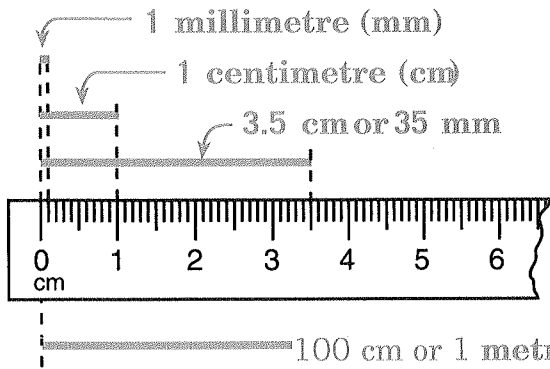


# Lesson 1 Length



$$\begin{aligned} 1 \text{ cm} &= 10 \text{ mm} \\ 1 \text{ m} &= 100 \text{ cm} \\ 1 \text{ m} &= 1000 \text{ mm} \\ 1 \text{ km} &= 1000 \text{ m} \end{aligned}$$

$$\begin{aligned} 1 \text{ mm} &= 0.1 \text{ cm} \\ 1 \text{ mm} &= 0.001 \text{ m} \\ 1 \text{ cm} &= 0.01 \text{ m} \\ 1 \text{ m} &= 0.001 \text{ km} \end{aligned}$$

A distance of 1000 m is 1 kilometre (km). If you run around a track 2.5 times, you would run a distance of 1 km.

$$\begin{aligned} 16.9 \text{ m} &= \underline{\quad? \quad} \text{ cm} \\ 16.9 \text{ m} &= (16.9 \times 100) \text{ cm} \\ 16.9 \text{ m} &= \underline{1690} \text{ cm} \end{aligned}$$

$$\begin{aligned} 0.8 \text{ m} &= \underline{\quad? \quad} \text{ mm} \\ 0.8 \text{ m} &= (0.8 \times 1000) \text{ mm} \\ 0.8 \text{ m} &= \underline{\quad\quad\quad} \text{ mm} \end{aligned}$$

Complete the following.

a

b

c

- |                       |                   |                   |
|-----------------------|-------------------|-------------------|
| 1. 9 km = _____ m     | 12 m = _____ cm   | 6 m = _____ mm    |
| 2. 3 cm = _____ mm    | 5.3 km = _____ m  | 0.4 m = _____ cm  |
| 3. 9.2 cm = _____ mm  | 0.99 m = _____ mm | 10 km = _____ m   |
| 4. 10.54 km = _____ m | 12.8 m = _____ cm | 1.2 m = _____ mm  |
| 5. 0.01 m = _____ cm  | 100 m = _____ mm  | 45 cm = _____ mm  |
| 6. 200 km = _____ m   | 18.7 m = _____ mm | 0.01 km = _____ m |

Solve each problem.

7. The diameter of a hockey puck is 76 mm. Is that more or less than 8 cm?

It is \_\_\_\_\_ than 8 cm.

8. A relay race is 1.5 km long. How many metres is that?

The race is \_\_\_\_\_ m long.

7.

8.

## Lesson 2 Units of Length

This table shows how to change a measurement from one metric unit to another.

To change	to millimetres, multiply by	to centimetres, multiply by	to metres, multiply by	to kilometres, multiply by
millimetres		0.1	0.001	0.000 001
centimetres	10		0.01	0.000 01
metres	1000	100		0.001
kilometres	1 000 000	100 000	1000	

$$5300 \text{ mm} = \underline{\quad? \quad} \text{ cm}$$

$$5300 \text{ mm} = (5300 \times 0.1) \text{ cm}$$

$$5300 \text{ mm} = \underline{530.0} \text{ cm}$$

$$420.8 \text{ m} = \underline{\quad? \quad} \text{ km}$$

$$420.8 \text{ m} = (420.8 \times 0.001) \text{ km}$$

$$420.8 \text{ m} = \underline{0.4208} \text{ km}$$

Complete the following.

*a**b**c*

1.  $130 \text{ mm} = \underline{\hspace{2cm}} \text{ cm}$

2.  $2.8 \text{ cm} = \underline{\hspace{2cm}} \text{ m}$

3.  $345 \text{ m} = \underline{\hspace{2cm}} \text{ km}$

2.  $60 \text{ cm} = \underline{\hspace{2cm}} \text{ mm}$

100 mm =            m

9.25 km =            m

3.  $0.9 \text{ cm} = \underline{\hspace{2cm}} \text{ m}$

2.05 km =            m

1500 m =            km

4.  $20.6 \text{ cm} = \underline{\hspace{2cm}} \text{ m}$

24.85 m =            mm

48 mm =            cm

5.  $999 \text{ mm} = \underline{\hspace{2cm}} \text{ m}$

98.9 m =            cm

0.1 cm =            mm

6.  $50 \text{ m} = \underline{\hspace{2cm}} \text{ km}$

152.6 cm =            m

0.625 km =            m

Solve each problem.

7. The circumference of a baseball is 238 mm. How many centimetres is that?

The circumference is            cm.

8. Adlai said he is 150 mm tall. Alex said he is 150 cm tall. Kathy said she is 150 m tall. Only one of those students could possibly be correct. What is the name of that student?

           gave a correct measurement.

7.

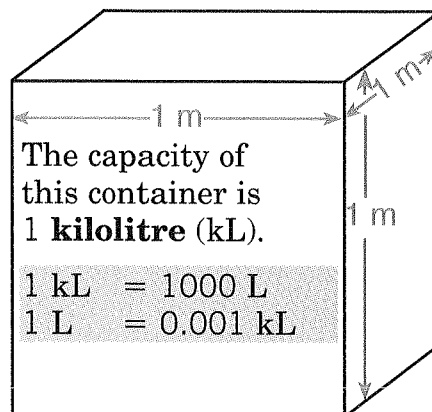
8.

## Lesson 3 Capacity

A cube with each edge 1 cm long has a capacity of 1 **millilitre** (mL). A cube that is 10 cm long on each edge has a capacity of 1 **litre**.

$$1 \text{ L} = 1000 \text{ mL}$$

$$1 \text{ mL} = 0.001 \text{ L}$$



To change	to millilitres, multiply by	to litres, multiply by	to kilolitres, multiply by
millilitres		0.001	0.000 001
litres	1 000		0.001
kilolitres	1 000 000	1 000	

Complete the following.

*a*

- 8 kL = \_\_\_\_\_ L
- 200 L = \_\_\_\_\_ kL
- 2000 mL = \_\_\_\_\_ L
- 10 L = \_\_\_\_\_ mL
- 0.1 kL = \_\_\_\_\_ L
- 240.5 L = \_\_\_\_\_ kL
- 3500 mL = \_\_\_\_\_ L
- 1 L = \_\_\_\_\_ kL

*b*

- 17 kL = \_\_\_\_\_ L
- 6 L = \_\_\_\_\_ mL
- 3440 L = \_\_\_\_\_ kL
- 45 mL = \_\_\_\_\_ L
- 0.94 L = \_\_\_\_\_ mL
- 236 mL = \_\_\_\_\_ L
- 4.5 kL = \_\_\_\_\_ L
- 30.8 L = \_\_\_\_\_ mL

Solve each problem.

9. There are 1000 cubic centimetres ( $\text{cm}^3$ ) in 1 L. How many cubic centimetres are there in 1 kL?

\_\_\_\_\_  $\text{cm}^3$  are in 1 kL.

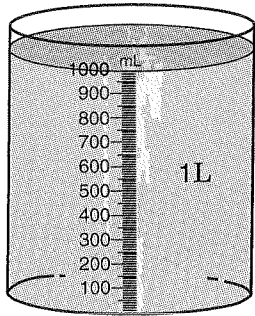
9.

10.

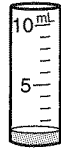
10. An owner of a service station bought 3 kL of gasoline at \$0.64 a litre. How much did it cost?

The gasoline cost \$ \_\_\_\_\_.

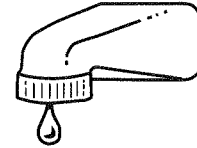
## Lesson 4 Mass



1 L of water  
has a mass of 1 **kilogram** (kg).



1 mL of water has a  
mass of 1 **gram** (g).



1 drop of water has a mass of  
about 67 **milligrams** (mg).

$$1 \text{ kg} = 1000 \text{ g}$$

$$1 \text{ g} = 1000 \text{ mg}$$

$$1 \text{ g} = 0.001 \text{ kg}$$

$$1 \text{ mg} = 0.001 \text{ g}$$

Complete the following.

*a*

1.  $3 \text{ kg} = \underline{\hspace{2cm}} \text{ g}$
2.  $485 \text{ g} = \underline{\hspace{2cm}} \text{ kg}$
3.  $3.5 \text{ kg} = \underline{\hspace{2cm}} \text{ g}$
4.  $45.8 \text{ g} = \underline{\hspace{2cm}} \text{ mg}$

*b*

1.  $10 \text{ g} = \underline{\hspace{2cm}} \text{ mg}$
2.  $250 \text{ mg} = \underline{\hspace{2cm}} \text{ g}$
3.  $4600 \text{ mg} = \underline{\hspace{2cm}} \text{ g}$
4.  $2500.9 \text{ g} = \underline{\hspace{2cm}} \text{ kg}$

Solve each problem.

5. Give the mass in kilograms of 2.5 L of water. Give the mass in grams.

The mass is \_\_\_\_\_ kg.

The mass is \_\_\_\_\_ g.

6. Give the mass in grams of 9.5 mL of water. Give the mass in milligrams.

The mass is \_\_\_\_\_ g.

The mass is \_\_\_\_\_ mg.

7. A vitamin tablet has a mass of 100 mg. How many vitamin tablets would it take to have a mass of 1 g?

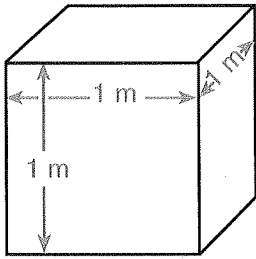
It would take \_\_\_\_\_ vitamin tablets.

5.

6.

7.

## Lesson 5 Tonne



Suppose this container were filled with water.  
The water would weigh 1 **tonne** (t).

$$1 \text{ t} = 1000 \text{ kg}$$

$$1 \text{ kg} = 0.001 \text{ t}$$

Complete the following.

*a*

1.  $6 \text{ t} = \underline{\hspace{2cm}} \text{ kg}$

2.  $675 \text{ kg} = \underline{\hspace{2cm}} \text{ t}$

*b*

$8.5 \text{ t} = \underline{\hspace{2cm}} \text{ kg}$

$5050.5 \text{ kg} = \underline{\hspace{2cm}} \text{ t}$

Solve each problem.

3. Paige has a mass of 49.3 kg. Amy has a mass of 47.7 kilograms. How much more is Paige's mass than Amy's?

Paige's mass is  $\underline{\hspace{2cm}}$  kg more.

4. A bag of apples with a mass of 2.6 kg costs \$2.99. What is the cost per kilogram?

The cost per kilogram is \$ $\underline{\hspace{2cm}}$ .

5. A kilolitre of water has a mass of 1 t. There are 7500 kL of water in a swimming pool. How much is the mass of the water in the swimming pool?

The water's mass is  $\underline{\hspace{2cm}}$  t.

6. The combined mass of the students in a class is 1260 kg. Give the mass in tonnes.

The mass is  $\underline{\hspace{2cm}}$  t.

7. In 2004, Canada produced about 4700 t of corn a day. It produced about 16 000 t more wheat a day than corn. How many tonnes of wheat did Canada produce a day in 2004?

It produced  $\underline{\hspace{2cm}}$  t of wheat a day.

## Lesson 5 Problem Solving

Solve each problem.

1. A roll has 325 cm of tape. How many metres is that?  
How many millimetres is that?

It is \_\_\_\_\_ m.

It is \_\_\_\_\_ mm.

2. Samantha runs 3.5 km each day. How many metres does she run each day?

She runs \_\_\_\_\_ m each day.

3. A teaspoon holds 5 mL of water. How many teaspoonfuls of water are in 1 L?

\_\_\_\_\_ teaspoonfuls of water are in 1 L.

4. 1.5 L of water are in a container. 50 mL of water are removed. How many litres of water remain in the container?

\_\_\_\_\_ L of water remain.

5. It costs \$1.86 for 2 L of orange juice. What is the cost per litre?

The cost per litre is \$\_\_\_\_\_.

6. It costs \$1.80 to buy 2.25 kg of onions. What is the cost per kilogram?

The cost per kilogram is \$\_\_\_\_\_.

7. One nickel has a mass of about 5 g. There are 40 nickels in a roll. Find the mass in grams of three rolls of nickels.

The mass is \_\_\_\_\_ g.

8. There are 3.5 t of cargo on a truck. How many kilograms is that?

It is \_\_\_\_\_ kg.

1.

2.

3.

4.

5.

6.

7.

8.

## CHAPTER 8 PRACTICE TEST

### Metric Measurement

Complete the following.

*a*

1. 12 cm = \_\_\_\_\_ mm
2. 30 m = \_\_\_\_\_ cm
3. 80 mm = \_\_\_\_\_ cm
4. 6.4 km = \_\_\_\_\_ m
5. 54.92 cm = \_\_\_\_\_ m
6. 6 L = \_\_\_\_\_ mL
7. 0.7 L = \_\_\_\_\_ mL
8. 1200 mL = \_\_\_\_\_ L
9. 15.9 g = \_\_\_\_\_ mg
10. 250 kg = \_\_\_\_\_ g
11. 10 000 kg = \_\_\_\_\_ t

*b*

- 6 m = \_\_\_\_\_ mm
- 2 km = \_\_\_\_\_ m
- 900 mm = \_\_\_\_\_ m
- 54.92 m = \_\_\_\_\_ mm
- 505 m = \_\_\_\_\_ km
- 1.2 kL = \_\_\_\_\_ L
- 85 mL = \_\_\_\_\_ L
- 3500 L = \_\_\_\_\_ kL
- 75 mg = \_\_\_\_\_ g
- 875 g = \_\_\_\_\_ kg
- 0.75 t = \_\_\_\_\_ kg

Solve each problem.

12. The odometer on a car showed 9031.7 km before a trip. It showed 10 001.3 km after the trip. How long was the trip?

The trip was \_\_\_\_\_ km long.

13. 1 L of water has a mass of 1 kg. How many grams are in 1.5 L of water?

The water has a mass of \_\_\_\_\_ grams.

14. A pharmacist has 700 mL of medicine. She wants to put the same amount of medicine in each of 35 bottles. How much medicine will she put in each bottle?

She will put \_\_\_\_\_ mL in each bottle.

12.

13.

14.

## CHAPTER 9 PRETEST

### More Metric Measurement

Complete the following.

*a**b*

- |                             |                             |
|-----------------------------|-----------------------------|
| 1. 640 mm = _____ cm        | 42.5 days = _____ h         |
| 2. 3400 cm = _____ m        | 25 kL = _____ L             |
| 3. 4000 g = _____ kg        | 16 400 kg = _____ t         |
| 4. 9000 m = _____ km        | 37 cm = _____ mm            |
| 5. 12 000 mL = _____ L      | 27 000 s = _____ h          |
| 6. 0.5 kL = _____ L         | 3600 cm = _____ m           |
| 7. 15 km = _____ m          | 7800 g = _____ kg           |
| 8. 19 m = _____ cm          | 1700 mL = _____ L           |
| 9. 4300 mL = _____ L        | 7 h = _____ s               |
| 10. 10 h 18 min = _____ min | 39 m = _____ cm             |
| 11. 1700 cm = _____ m       | 448 min = _____ h _____ min |

Solve each problem.

12. Jack's fishbowl has a capacity of 9 L. What is the capacity in kilolitres? **12.**

The fishbowl has a capacity of \_\_\_\_\_ kL.

13. Delvin and two of his friends rode their bikes on an 11-km bike trail. How many metres is the bike trail? **13.**

The bike trail is \_\_\_\_\_ m.

14. Madeline spent 690 min working on her science project. How many hours did Madeline spend working on her science project? **14.**

Madeline spent \_\_\_\_\_ h working on her science project.